



Nashua NH, Monday July 26, 2021 VS July 30, 2021 Metrics:

This is an abbreviated summer camp due to COVID-19, we call it a MiniCamp. Normally we would run a 7 hour day with 2 ice sessions daily. We kept the testing for its tangible benefits and awards. Tests are never easy, that shows up in different ways.

Below are the results:

100% camp improvement, everyone recorded better times Friday on their total combined scores.

Scroll down to view individual skater's results. Performance difference measured in seconds and accurate within 1 tenth of a second. Names are in alphabetical order. Data provided in two(2) rows for each participant. The first row displays Monday data, and the second row is Fridays data.

AWARDS

FREE SUMMER CAMP 2022 - **Brody Tarbox**

Our **Racer X** Award goes to the most improved overall time, great job Brody !

FREE CLINIC 2021-2022 - Runner up - **Cody Connors**

STAFF voted 2 most improved players of the week based on work ethic attitude and increased ability. These two players each received a personalized custom made Radius Edge Power Skating hat.

Olivia Esposito

Cody Connors

Honorable 1 mention goes out to **Jackson Brandt** for a drop of **33.77** seconds

Honorable 2 mention goes out to **William Green** for a drop of **29.92** seconds

Honorable 3 mention goes out to **Paulie Cardone** for a drop of **27.39** seconds

Nice effort by all, congratulations on your improvement.

AGE	NAME		TEST1	TEST 2	TEST 3	TEST4	TEST5	EXAM	TOTAL	OVERALL
8	Braga, L		37.56	37.29	26.61	20.89	19.66	26.19	168.20	
			38.53	35.03	22.09	20.73	18.56	26.09	161.03	-7.17
6	Brandt, C		93.83	83.00	31.33	37.15	39.02	60.01	344.34	
			89.63	90.04	34.52	40.39	23.38	50.24	328.20	-16.14
8	Brandt, J		52.71	49.71	38.38	29.16	23.97	44.62	238.55	
			55.75	43.72	26.00	24.85	23.60	30.86	204.78	-33.77
10	Cardone, P		43.55	39.27	26.33	21.86	20.00	30.13	181.14	
			33.63	30.52	23.48	21.50	17.82	26.80	153.75	-27.39
12	Chace, J		27.13	25.64	19.06	17.64	15.16	23.42	128.05	
			25.90	25.04	19.32	17.59	15.20	23.01	126.06	-1.99
7	Connors, C		64.00	68.00	32.09	28.90	25.67	39.55	258.21	
			42.81	41.55	27.62	24.80	23.49	39.91	200.18	-66.53
12	Cruz, K		26.40	27.77	20.94	18.16	16.53	23.85	133.65	
			24.44	26.72	18.75	17.59	16.92	22.75	127.17	-6.48
7	Cullingford,A		59.06	61.00	28.71	31.91	30.06	38.72	249.46	
			54.23	55.71	28.03	25.62	37.05	39.90	240.54	-8.92
9	Dubey, M		34.23	31.23	23.29	19.95	19.13	26.65	154.48	
			28.71	30.66	21.69	18.73	18.32	25.10	143.21	-11.28
11	Esposito, O		26.89	26.76	21.12	17.23	15.93	23.52	131.45	
			23.66	26.95	17.44	19.27	15.33	22.45	125.10	-6.35
	Girardi, B		29.27	28.30	18.86	17.25	15.99	24.10	133.77	
			N/A	N/A	N/A	N/A	N/A	N/A	N/A	
7	Green, W		52.03	54.53	26.31	24.51	25.86	32.62	215.86	
			42.00	41.20	25.00	22.63	23.10	32.01	185.94	-29.92
7	Lamothe, I		55.26	47.49	26.15	25.48	25.29	34.40	214.07	
			41.47	45.24	24.85	23.70	24.12	34.36	193.74	-20.33
8	Lamothe, L		37.44	31.46	22.24	19.71	19.58	29.49	159.92	
			24.63	27.30	26.08	18.93	17.02	27.76	141.72	-18.20
11	Leary, Ian		45.14	38.10	26.55	23.00	20.94	31.19	184.92	
			33.42	39.49	22.82	21.02	21.36	27.04	165.15	-20.77
	Lund, T	Goalie	N/A	44.83	26.48	28.07	24.54	33.72	157.64	
			43.46	40.30	N/A	N/A	N/A	21.43	105.19	
10	Marino, H		44.95	43.43	25.96	20.65	18.96	29.00	182.95	
			37.88	36.66	21.48	19.62	18.02	26.80	160.46	-22.49
12	Marino, L		35.92	35.36	23.42	19.03	18.46	27.08	159.27	
			32.33	33.09	20.23	19.02	17.22	25.10	146.99	-12.28
11	O'Connor, M		27.42	27.87	21.49	17.91	17.34	24.49	136.52	
			25.55	26.03	19.10	16.92	15.19	23.66	126.45	-10.07
12	Sosnowski,E		46.14	35.62	21.64	20.32	19.16	28.17	171.05	
			30.57	35.69	22.23	20.73	18.18	23.66	151.06	-19.99
12	Starr, A		24.06	26.18	18.93	17.02	18.82	22.62	127.63	
			22.75	24.06	18.99	17.00	15.32	21.20	119.32	-8.31
7	Taheri, T		103.00	90.00	40.16	35.22	34.04	50.05	352.47	
			N/A	N/A	N/A	N/A	N/A	N/A	N/A	
9	Tarbox, B		39.11	69.24	24.25	31.67	26.77	23.35	214.39	
			30.61	32.37	21.22	19.35	17.62	26.03	147.20	-67.19
12	Treat, C		32.46	29.82	20.80	18.26	17.71	25.95	145.00	
			27.85	30.07	19.55	17.93	15.96	25.16	136.52	-8.48
14	Vattes, L		N/A	N/A	N/A	N/A	N/A	N/A	N/A	
			27.10	27.85	20.04	18.75	17.88	23.99	135.61	



Test 1: 1 ½ laps going counterclockwise with frontal and reversal Mohawk turns at opposing blue lines.

Average for NHL forward	18.54
Average for NHL defenseman	18.50
Peter (age 43, 2006)	20.37

Test 2: 1 ½ laps going clockwise with frontal and reversal Mohawk turns at opposing blue lines.

Average for NHL forward	18.89
Average for NHL defenseman	18.58
Peter (age 43, 2006)	21.09

Test 3: Goal line to far blue line, near blue line, to red line, to near blue line, to far blue line

Average for NHL forward	15.54
Average for NHL defenseman	18.64
Peter (age 43, 2006)	16.72

Test 4: Goal-line to Goal-line to Goal-line, (down and back)

Test 5: 1 full lap counterclockwise

Exam: Winding combine using $\frac{3}{4}$ rink

NHL averages reflect combine done with a puck
Campers did NOT use a puck on the exam

Average for NHL forward with puck	= 19.20
Average for NHL defenseman with puck	= 19.37
Peter with puck (age 43, 2006)	= 22.07
